

# Annual Report



2020/21

# SA CARES FOR LIFE

CHANGING THE DESTINY OF  
CHILDREN FOR 28 YEARS



“And as we let our light shine,  
we unconsciously give other  
people permission to do the  
same”

- NELSON MANDELA-

## Our Vision

# 1.

CHANGING THE DESTINY OF  
CHILDREN



# Content

# 2.

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# MESSAGE FROM SANET FAGAN- MD

# 3.

The general principle of the 'best interests of the child' is a central and all-embracing principle stipulating that "a child's best interests are of paramount importance in every matter concerning the child".

This principle is integrated in all our modules, programs, projects, services and decision-making processes affecting children.

The team of SA Cares for Life are dedicated to being the voice of the poorest of children in our society, the orphans who no one seems to reach. Our children do not have access to some of the essentials of life, and this accelerates our drive to make a difference.

Over the last 29 years our programs and dreams have shaped and changed. Walking the streets and seeing the reality of what the numbers and statistics show, we realised we have to change with the times. We started to ask the question, "what happens with a child from birth to 18 years of age in South Africa?"

We started to realise that the wealth of our country does not just lie in our resources, but in our people, our children. In our skills, our health, our resilience, our knowledge. But the average child born today, in Sub Saharan Africa, will only be 40% as productive as he or she can be. Our module has always been to address nutrition, health care, safety to woman and children, but now we have to do more. So we added and designed quality education for everyone everywhere and jobs and skills training.

With 19 million children in South Africa, and 13 million of them being without fathers, we also realised the importance of a program addressing fatherhood in our communities.

We have a dream of keeping families together, fathers and mother to be



# CHALLENGES AT SA CARES FOR LIFE

## 4.

Since 2020, SA Cares for Life felt the effects of Covid on the economy. All non profits are bearing the brunt of donors that struggle to make ends meet and the logical step for them is to pull their support .

We want to thank each and every person who keeps donating, supporting, praying, baking, teaching, and taking hands with us.

2020 and 2021 was not without challenges and we would like to share them with you.

Looking back, SA Cares for Life, had a challenging 2 years with regards to funding. Looking at our current funding and forward into 2022 and 2023, we cannot help getting a bit uneasy around our financial capacity. We continue to explore new partnerships and looking at our existing projects to see how we can be able to keep on delivering the much needed support and services to all our communities. Local funding dropped with an average of 80 %, while global funders continued to communicate to us the challenges of funding also from their project supporters. Everyone was holding onto funding, waiting to see the outcome and the impact of the looming recession.

But we also realise that as an organisation we have to be the example of how we can be more self sustainable, how we can generate funding for ourselves and use the donations received to make more of a long lasting impact, and put us in a position to look after beneficiaries long term.



# 2020-2021 "South Africa"

Our name says South Africa cares for Life  
What does that look like on "street level"

What does "South Africa" look like?

Statistics as per STATS SA, 2020

- 19 million children in South Africa
- 13 million children without fathers
- 55 % of South Africans living under the poverty line and 49 % living on R39 per day. ( 4 USD)
- 33 % less children are going to school since Covid
- Unemployment rate of 63,9 % for the ages 15-24 years
- Unemployment rate of 42,1 % for the ages 25-34 years
- 3 times more people are leaving South Africa in the last 5 years, emigrating, resulting in a loss of skill, and impacting the economy.
- 668 000 children orphaned, with only 14 599 of them living in state owned children's homes. Indicating the amount of children in communities needing care.
- As many as 25 % of NPO's in South Africa has closed down due to funding since the pandemic.

# 5.





THE FUTURE

6.

WE HAVE A PLAN

FOR THE  
CHILDREN OF  
SOUTH  
AFRICA



Prevention

# CLUSTER CARE PROGRAM

- Circles of care to change communities from the inside out.
- Aim to prevent disintegration of families, and abandonment of children.
- Multi-cultural.
- Key Focus Areas:
  - Orphans, Prevention of Human Trafficking, Rape Crisis Support, Entrepreneurship, Disabled Care, Community and Rural Development, Poverty Alleviation, Health, Welfare, Water and Sanitation, Education

7.





*Circles of Care around Orphans, Vulnerable Children and Woman. We aim to keep families together and strong*

We find and train woman and men as cluster care workers. A cluster care community is based and form circles of care to touch and change communities from the inside out, through the close interaction with 15 individual families each. Care Workers walk a close and committed road with families in need, following a 12 month program,

addressing key issues and assisting with practical things such as a birth registration and ID documents. This enables a child to receive his Government Grant, and Education. A family can stay in our program from 1-5 years or more. We aim to prevent disintegration of families, and children being left abandoned.

## STATISTICS AND PROFILE OF PEOPLE WE SERVE



- The breakdown of families from these different areas are as follows:

45 Mmakaunyane, 45 Hammanskraal, 48 Plastic City, 20 Cemetary View, 25 Cullinan., 45 Soshanguve, Other 45

- The 273 families consisted of 2457 people, 1911 children and 819 adults.

- We have 783 boys and 1128 girls in 2020 and 2021

- Weekly Soup Kitchens exists of: 95 Mmakaunyane, 850 Plastic City, 200 Cemetary View, over and above the number of families served. These numbers are on average and can some weeks exceed 3000 children in total.



- The age categories were: 0-5 years = 765 children, 6-9 years = 604 children, 10-13 years = 542 children. Excluding Soup Kitchen numbers

- The care givers were as follows: 3 Child Headed Households, 48 Granny Headed Households, 116 Single Headed Households and 16 Dual Headed Households.

- Classification of languages: Tswana, Sepedi, Zulu, Tsonga, Xhosa, Sesotho, Swati, Venda, Ndebele, Northern Sotho and Afrikaans. Foreign nationalities consisting of people from Zimbabwe, Lesotho, Nigeria, and Mozambique.

- Form of housing: Governmental Houses, Formal Shacks and Informal Huts, Dwellings of Cardboard boxes and Plastic Sheets.



## Team

Our Cluster Care team consists incredibly talented and passionate people who are proud to make a difference in the community by doing work that they love every day. They have been selected due to their passion for the community they live in, and because they took actions to improve and assist families around them.

Currently we have:

10 Cluster Care Workers

Each one looking after 27 families each on average



## Assessment

**Assessment** is central to identifying needs, making decisions and providing services. **Assessment tools** have a role in relation to co-ordinating **care**, communication between professionals and gathering data for monitoring and service improvement.

Our team worked hard in identifying and assessing the families in need in these areas; faced with poverty, unemployment, affected and infected with HIV/AIDS.

Though continued monitoring and evaluation, we ensure all our families meet our assessment criteria.



## 2020/2021 Highlights

- 2 Wheelchairs distributed
- 45 000 Food Parcels distributed (Covid assist)
- 80 000 Blankets distributed
- 50 Vegetable Gardens maintained
- 50 New Vegetable Gardens started with tools and training
- 10 School Uniforms and Shoes issued
- 80 Medical Appointments made and families assisted
- 80 New Houses rebuilt after fire damages
- 20 Children Transported to School
- 25 Mothers assisted with birth in squatter camps
- 10 Mothers assisted with transport to hospitals
- 2 Young girls re-united with their families after being trafficked from Zimbabwe
- 6 Children successfully re-united with their families in Lesotho
- 90 Grade R children graduated
- 100 Wash basins provided to communities to be able to wash their hands during Covid times

## 2020/2021 Lows

We did have a low point when we lost a baby in Plastic View at birth due to the ambulance not arriving on time. This stressed the importance of our bus service we provide, assisting to take young mothers to hospital in time. The families were assisted with funds for the burial and food items. Further Therapy was provided for the mom and dad as well.

## Events

- Christmas Party for all the children
- HIV/Aids info session and assistance
- Graduation of Grade R Children

## PARENTAL TRAINING Monthly Themes

The care workers introduced monthly themes on parenting since it is one of the key roles that parents have to perform. The care workers help guide and improve these experiences to each and every family and these themes have influenced a positive feedback on the parenting responsibilities.

Each visit to the families is accompanied with a theme which helps shape the parents to be better and able to shape the future of the children in a good way.

The themes are as follows:

- Child Safety and Protection
- Children's Rights
- Physical Development
- Health and Nutrition
- Intellectual and Language Stimulation
- Positive Discipline
- Healthy Family Relationships
- Play and Creativity
- Social Development, Emotional Development and Confidence Building
- Grief and Bereavement.
- Handling of Crisis Situations
- Financial Planning
- Family Planning



**FOSTER CARE SUPPORT**

It takes an enormous amount of patience and commitment to become a foster parent. It is a life changing decision providing a safe place and 24/7 support for children who have experienced abuse, neglect or other family challenges. Foster parents need all the help they can get to care for these children.

SA Cares for Life provide foster care support to 45 families.

- Vouchers for items they may need
- Emotional support
- Advice on parental issues/ challenges
- Network and link to Department of Social Services
- Assistance with grant applications
- Christmas gifts
- Networking with other foster parents





## Prevention

# COMMUNITY CENTRES AND LIFE HOUSES

- House or public place where members of the community can come for safety 24 hours a day, or gather for activities.
- Aim to assist the Cluster Care Program, should they need a place of safety to place a child in danger.
- Painted Red for easy recognition in the community.
- Key Focus Areas:
- Safety to Woman and Children, Orphans, Rape Crisis Support, Entrepreneurship, Community and Rural Development, Poverty Alleviation, Health, Welfare, Water and Sanitation, Education, Family Support

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15.

*Life Houses and Community Centres painted red for easy recognition in the communities*

It is important to provide opportunities for residents to engage in social, cultural, recreational and educational activities within their communities from the ground up by growing leaders, engaging people, preparing them for change, building relationships and supporting their individual capabilities. Our design is to group together a

Life House, and Early Development Centre, and Skills Development, onto one piece of land. This enables the community and children to attend the centre and receive education, safety and skills training, and for them to also serve their community. The Life House/ Community Centre provides a service to the community.



## Team

Our Life House team consists of incredibly talented and passionate people who are proud to make a difference in the community by doing work that they love every day. They have been selected due to their passion for the community, and their willingness to open their houses and provide a place of safety to woman and children in danger.

They also provide and run a project from their home, in order to assist with a need in the community, and to provide and income for themselves.

## Currently we have:

17 Life Houses

Providing the following services to the community:

1. Transport services taking children to school each day.
2. Homework assistance and after school care.
3. Feeding Schemes.
4. Day Care Facilities to single mothers and young mothers having to go to work.
5. Maintenance training to men, and providing maintenance service to the community.
6. Safety to woman and children in need.



## STATISTICS

560 children were kept safe in 2020/2021

18 women were received during the night in danger

350 children attended the Christmas Party and received a Christmas Gift

4160 Children fed through the Soup Kitchen

3 Netball Teams started

6 Soccer Teams Started

2 Potential Rape cases prevented

240 children received after school care, and assistance with their homework



## Why a Life House?

Many woman and children are vulnerable due to their husbands leaving them, or abusing them.

Children are not safe, especially young girls.

Where do you go late at night if you need a safe place?

Imagine having a safe environment where you can develop and follow your dreams for a better future.

Imagine there is a house in your community, close to where you live, where you can find hope, safety and food, any time of the day.

Then you will know the value of a Life House.

Our Life Houses are situated in communities, in and around Gauteng, and they provide safety to woman and children in danger, 24 hours a day.

They are owned by home owners in communities and a painted red for easy recognition.

SA Cares for Life, comes alongside them, and assist them, to provide social services to the community.

Intervention

# ABBA TODDLER HOUSE

- 36 Freeland Avenue, Kilnerpark, Pretoria
- Place of Safety for Abandoned and Abused Children
- Key Focus Areas:
- Safety to Children, Orphans, Health, Welfare, Education, Family Support



19.



*All children are welcome in our place of safety, ABBA Toddler House*

Abandoned, neglected, abused, and HIV/Aids infected children are placed in our care by the court until their cases have been finalized.

Abba House cares for a maximum of 14 children at any given stage and more than 400 children have moved through our house since its opening in 2000.

Children are received and are evaluated for a period of 6 months until a more permanent placement can be found through family placements, foster care or adoption.

All our children are loved and receive the best emotional, and physical care.

We work closely together with social welfare organisations, Hospitals, DSD and SAPD.



NEW BABY ARRIVALS FROM OUR BABY SAFE

2020 - 2

2021 - 1

TOTAL TODDLER ARRIVALS

2020/21 - 10

TOTAL CARE HOME BABIES

5

TOTAL FOSTER CARE CASES FOR 2020/21

2020 - 39

2021 - 39







Abandonment of infants in South Africa are, unfortunately a common occurrence. Many of these children are left to die, or simply abandoned in dustbins, open fields, public toilets or even train tracks.

SA Cares for Life provides care and safety to these infants, by placing them in an Abba Baby Care Home Family where they will receive love and skin to skin contact, until they are adopted or reunited with extended family.

Babies who have not had ample physical and emotional attention are at a high risk of behavioural, emotional and social problems growing up. A baby can stay with a family for up to 6 months. All the items need to care for this baby, are provided to the Care Home by SA Cares for Life. Our Care Homes are carefully selected, screened and operates with the support from our team as well as Social Workers.

Our babies come to us from our baby safe, hospitals, police stations, mothers who will bring their babies to us, social workers, and community members.

\* Active Care Home Moms - 5

\* Average Cost per month per baby - R600-R800



Children arriving at Abba House comes to us from Police Stations, Hospitals, Social Workers and Adoptions Agencies. Many times these children have been neglected, abused and abandoned.

This mean that they have not yet had the privilege and opportunity to attend a day care, or a pre-school, and interact with children or develop and learn.

Our dream is to give them this opportunity, and thus we started out by building a new wing to the house, as the school for ABBA House.

At Abba School, we present the official departmental curriculum, for our children who have received no formal education, and have gross emotional negligence.

Our teachers, and care givers, are trained to acknowledge and respect the individual abilities and competencies of each child.

At Abba School, they have the opportunity to adapt naturally into a school environment, which leaves them ready to face social interaction, and educational expectancies, upon entering normal educational environments, once adopted or in a foster family.



Prevention and Intervention

# SOCIAL WORK SERVICES

- We recognise the primary importance of human relationships and we aim to be vehicles for change, advocacy and equity. We want to restore and improve families and communities, in our aim to keep children safe
- We are the voice for all our children in court and all legal matters, influencing the futures of our children
- Emotional and Legal support to schools and families
- Information mornings and therapy to children of all ages around the growing dangers they face
- Guidance and advice necessary and available to all on matters related to the safety of children

24.A



Prevention and Intervention

# FOSTER CARE SUPPORT

- Parenting a child can be both rewarding and difficult. There are unique challenges that foster parents face when caring for children and youth.
- Check in and listen, being a support to the parents.
- Help to provide in the needs such as clothing, food, emotional support and especially birth certificate and enrolments for school.
- Making sure the family is receiving their foster care grant.
- Training and info sessions for new foster parents.
- Create and maintain network sessions for foster parents.

# 24.B



Income Generating Project


# BLESSINGS BOUTIQUE

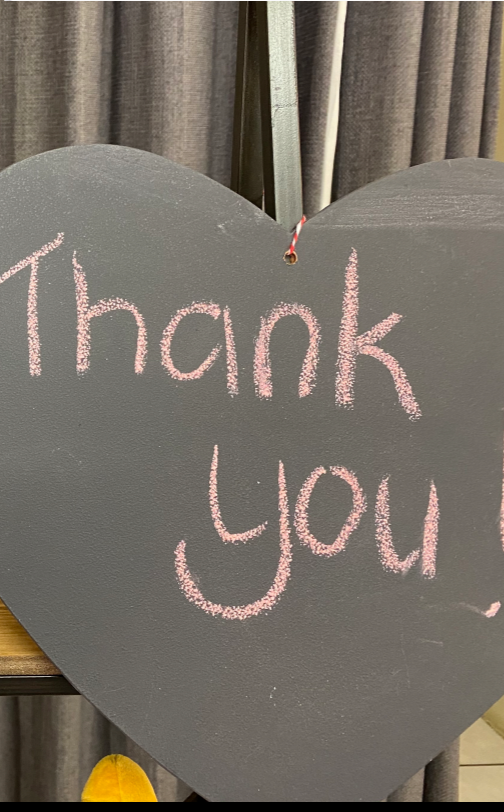
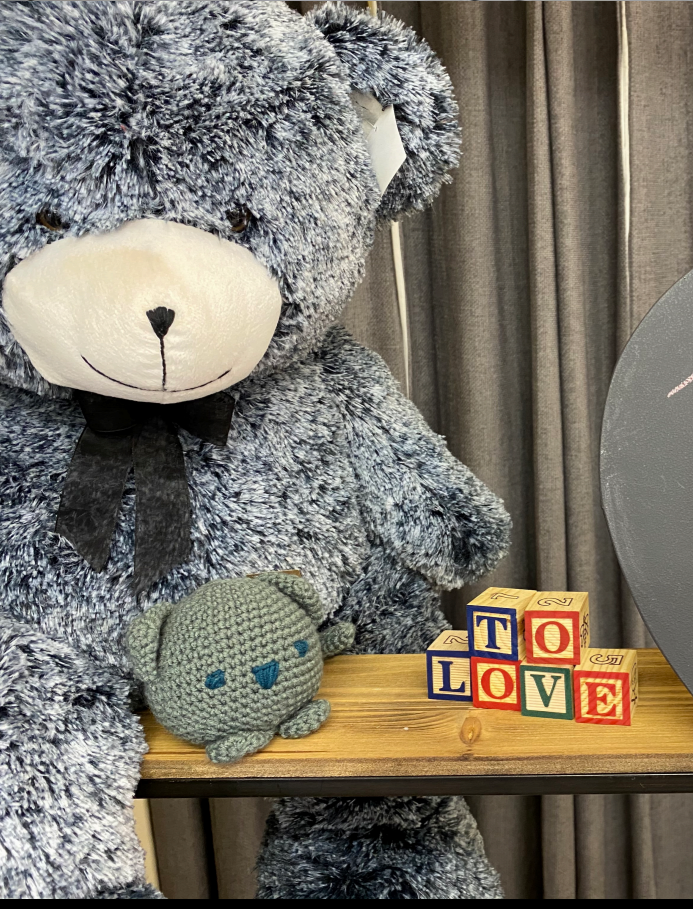
- Designed to create an additional income for ABBA Toddler House.
- Shop designed to have affordable clothing on sale, whether second-hand, vintage, or brand new.
- Address: 20 Braam Pretorius Street, Montana, Pretoria
- Successfully running for 3 years
- New shop opening in Cullinan on Plot 91 in 2022

25.





*Blessings*  
Boutique  Affordable Clothing  
**NOW OPEN**



**NEW and CURRENT PROJECTS**

# **NEW -CULLINAN**

## **- PLOT 91PROJECT**

- Skills training allows fathers and mothers to find work and provide for their children
- Having a job makes it possible to care for your children better
- Children can stay with their family, instead of being abandoned or abused due to the poverty cycle
- Plot 91 was purchased and developed for this main reason
- Was successfully purchased in 2020
- Developed and all building done in 2021
- Skills training planned to start in 2022
- Skills training will consist of mechanical training, brick making and building, welding, sowing, baking, barista training, farming, and computers

**26.**



PROJECTS COMMUNITY CENTRES

# MMAKAUNYANE / SOSHANGUVE

- Changed from a Life House to a Community Centre focused on holistic module
- House Rebekah Community Centre
- Vegetable Gardens
- Early Childhood Development Centre
- Providing water to the whole community through the borehole
- Weekly Soup Kitchen
- Computer training and online education
- Caring for street children
- Providing place of safety and therapy to young mothers





## SQUATTER CAMP PROJECTS

# PLASTIC VIEW/ CEMETARY VIEW

- Vegetable Gardens
- Life House and Community Centre
- Early Childhood Development Centre
- Mentorship to fathers and parents
- Leadership training
- Special Projects, water and sanitation
- Weekly Soup Kitchen
- Computer training and online education
- Caring for under aged mothers and their babies
- Medical assistance
- School bus for the young children
- Food parcels





Support

# MARKETING AND EVENTS

- 2020/21 was very challenging, due to Covid no fundraising events could take place.
- We did manage to continue with “drive through” Christmas parties, enabling us to still hand our Christmas gifts to all our children in a safe environment
- A total of 3000 gifts were successfully distributed across all our projects.

27.



# EVENTS AND FUNDRAISING

List of Fundraising Events:

Golf days

Spar Woman's Challenge

Emanuel Christmas Box and Christmas Parties

Food and Wine Tasting Evenings

Market Days

Mandela Day and Special Project days

## **SOCIAL MEDIA HANDLE**

**#sacares4life**

**28.**



# EMMANUEL SHOE BOX PROJECT

Packing a gift for a vulnerable child is an act of Love.

**Join a panel of "heart" people and help us too pack a Christmas Box for a child in need.**

Each box must contain at least 5 items in total, 1 of the following suggestions each, according to age and gender:

1. **Something to hold and to have:** **Younger children:** Soft toys, dolls, a soft blanket. **Older Children:** jewellery and watches, arts & crafts, soft blanket, a ball, or radio.
2. **Something to wear:** T-Shirt, shorts, a dress, a hat, a cap, or socks, **all ages**
3. **Something for school or educational material:** Books, pens, sharpeners, markers, crayons or colouring books and pencils, notebooks. **all ages**
4. **Something for personal hygiene:** Toothbrush and -paste, hairbrush, roll-on deodorants, bubble bath, body lotion, shaving cream, nail clippers. (Please put soap in plastic bag) **all ages**
5. **Something to play with:** A car or doll, skipping ropes, marbles, playing cards, Christmas crackers etc.
6. **Something sweet:** Liqui fruit, chips, (small packets) chocolate bar or cookies etc.

29.





**Support**

# **FINANCIAL SYSTEMS AND STAFF SUPPORT**

- **FINANCES:** Governance is key, and we follow a very strict financial system to ensure transparent reporting on funds received.
- **STAFF:** The biggest challenge remains a HR Payroll for us a NPO, and to find funding for salaries for STAFF.
- STAFF plays an integral role in caring for the children and families in need.
- We appreciate the fact that our STAFF is willing to take on more than one portfolio, for a small salary.
- Volunteers remain key in our organisation, and we have a very streamlined process whereby people can apply to volunteer at SA Cares for Life.

**30.**



**DONATE**

# STAFF

The staff working at SA Cares for Life has extreme passion for the work that they are doing and they do the work because they are called to do so. Each and every member of staff is unique with unique personalities, gifts and talents. We see each staff member as part of a mosaic picture, and each piece is needed in order for the picture to be whole and complete and the grouting that holds the picture together is the Lord

They are dedicated and loyal even though some of the work is done in challenging circumstances for example removing a child or visiting clients in difficult to reach spaces etc., but they are always willing to go the extra mile to ensure the safety of what they are called to do. So much growth has taken place in the staff over the past years and it is wonderful to see.

But most importantly something each and every staff member strives to be and do as Jesus did and spread His word and by doing this they install HOPE into each and every person's life they touch. We see each and every staff member as being a bearer of **HOPE** and **LIGHT**

31.







Staff Compliment = Permanent Staff, Contract Workers, Community Members, and Volunteers

Cluster Care

9 Staff Members

Early Childhood Development

16 Staff Members

ABBA House

8 Staff Members

30 Volunteers

4 Contract Workers

Foster Care

2 Staff Members

Life Houses

1 Staff Member

9 Community Members

Executive Team - Head office

8 Members

32.

# BANK ACCOUNT DETAILS

SA CARES FOR LIFE

STANDARD BANK

ACCOUNT NUMBER

012205907

SWIFT CODE

SBZAZAJJ

IBAN NUMBER

SBZAZAJJ 012205907 01244515

or click on

[www.sacares.website](http://www.sacares.website)

for more payment options



34.

# SIGNED OFF

Sanet Fagan (Managing Director)

A handwritten signature in black ink, appearing to read 'Sanet Fagan', written in a cursive style. A vertical line is positioned to the right of the signature.

Justus van der Berg (Founder)

A handwritten signature in black ink, appearing to read 'Justus van der Berg', written in a cursive style.

Riekie van der Berg (Founder)

A handwritten signature in black ink, appearing to read 'Riekie van der Berg', written in a cursive style.

